

Helmet Liner

Knit Your Bit For The Troops



This pattern for helmet liners, also known as "Wool Pulleys" for soldiers was provided by Linda Swinford of Auburn, Illinois. The original pattern is by Bonnie Long and appears here along with modifications made at the request of soldiers who have received the liners.

Important Information to remember before knitting.....

IT MUST BE 100% wool or it will not be sent. Acrylic and acrylic blends pose a fire/melting hazard and do not have the same insulating properties as wool. Please include the yarn label to your finished item before sending on to us.

Select yarn that is dark. Black, dark brown, dark gray... BLACK IS PREFERRED. Tan is acceptable as long as it is dark.

Please remember we are going for function not style. I love knitting and know it is more fun to make a project unique but, what the troops need is warmth and protection from the elements. To help explain, this means no sayings or words, no designs, no fringe or tassels etc.

The troops have given us feedback and they much prefer the knit liners. They fit more snugly and have more "give" to them. With the crochet liners, there has been some feedback regarding obstruction of vision, they are not able to wear the crochet liners.

In all that we do, we seek to HONOR, support and encourage our men and women in the Armed Forces. We want what we send to be useful and usable. Remember, the bottom line is support for our Military.

Materials:

1 hank [Cascade 220](#); colors allowed by the military are black, charcoal, brown, tan, olive drab.

Size 6 and 8 - 16" circular needle **AND** double point needles, or size to obtain gauge.

One stitch marker.

Gauge: 4.5 st/in. in st st.

Neck: With smaller circular needle, cast on 84 stitches loosely. Place marker. Join in round and knit 2x2 rib for 4 inches.

To make hat portion: With larger circular needle, knit 32 stitches off smaller needle. Leave smaller circular needle in rest of the stitches. Cast on 59 additional stitches, place marker to mark beg of round, join in round, K even for 4".

1st dec row: *K 11, K 2 tog*, repeat to end of round.

Next row: Knit even.

2nd dec row: *K 10, K 2 tog*, repeat to end. Next row: Knit even. Change to DP needles when necessary.

Continue decreases as established until K2, K2 tog. After this, decrease every row until 7 stitches on needles. Cut yarn 8-9" long, feed through remaining stitches and weave in.

***Ribbing around face:** With smaller needle still in neck portion, PU stitches around face. Join in circle and K in 2x2 rib for 2 inches. On first row of ribbing, decrease several stitches one inch before and after angle where neck attaches to face. Last row of ribbing, decrease in every other set of purl stitches by P2 tog. This will pull the ribbing in close to the face. BO in ribbing and work in tail. BO around face can be snug.

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***REVISION FOR RIBBING AROUND FACE:** Based upon feedback from soldiers, please use these instructions entirely rather than those given above for ribbing around face.

With smaller needle still in neck portion, PU stitches around face. Join in circle and K in 2x2 ribbing for 1 inch. On last row of ribbing, decrease in 8 sets of purl stitches by P2tog (4 sets on each side of face, i.e. 10:00, 2:00, 4:00 and 8:00). This will pull the ribbing in close to the soldier's face. BO in ribbing and work in tail. BO around face can be snug.